

12-Steps To Cleaner Air

- 1. Give your car the day off.** If everyone carpooled one day a week, we would prevent many tons of pollution from going into the air. Ride the bus, ride your bicycle, walk, join or start a carpool.
- 2. Consider buying a new car, if you can.** Newer cars, with the improved engine and vehicle technology, tend to pollute less.
- 3. Maintain your car's engine, tires and air conditioner.** Not only will you pollute less but you will save money too. A well-maintained car runs better and uses less gas. Also, cooperate with the state of Arizona's emission testing.
- 4. Use alternate modes of transportation.** Ride the bus, ride your bicycle, walk, join or start a carpool.
- 5. Combine trips.** Most of the environmental damage caused by vehicles occurs within the first few miles, when the engine is cold.
- 6. Use alternative work schedules.** Compressed work weeks, telecommuting (working at home) and flextime all reduce traffic and accompanying emissions. These alternatives can increase productivity, and employees like the flexibility.
- 7. Brown bag or walk to a restaurant for lunch instead of driving your car.**
- 8. Never leave your parked car idling while you run an errand.** It takes less energy to restart a warm car engine than letting it idle. Avoid drive-throughs, especially ones with long lines.
- 9. Stay within the speed limit and avoid jackrabbit starts.** These cause more gasoline to be fed into your engine than it can efficiently burn, resulting in higher tailpipe emissions.
- 10. Use water-based paints and limit use of household consumer products that release fumes or evaporate easily.**
- 11. Avoid topping off your gas tank and fill up your car after dark.** These practices help to reduce ozone pollution.
- 12. Stay on paved roads to reduce pollution and save money.**